

Facials

What is it used for?

Facials are a skincare treatment for the face used for maintenance, optimal skin health and specific skin problems such as acne and ageing.

They can include steam, exfoliation, extraction, creams, serums, masks, peels and massage. They are used for optimal skin health as well as specific skin conditions.

High quality products with active ingredients are used and prescribed during the initial consultation.

Microdermabrasion and other electrotherapies can also be used during the treatments.

What happens during treatment is it painful?

During a facial you will receive a double cleanse, exfoliation, extraction, massage, mask, serum and moisturiser and any skincare advise needed. It's not painful, extraction may feel a little uncomfortable but the rest relaxing.

When will I see a result?

You will immediately notice your skin appearing brighter and more radiant and long term the results will depend on the commitment to homecare advise and regular treatments.

What are the benefits of having treatment at Skin by Sarah?

Here at skin by sarah we are results driven and passionate about our treatments and good results. We use a leading brand -Image skincare.

Homecare advise between treatments for optimal results, aftercare we are here for any questions and advise between treatments and happy to help.

What should I expect after my treatment and what are the side effects?

You may experience temporary redness or flushing this will fade within the next hour after treatment. In rare instances allergic reaction may occur.

Possible side effects include skin irritation and inflammation a burning or stinging sensation, itchy or flaky skin.

What after care should I follow?

It's really important to care for your after care following a treatment to ensure your results are as effective as possible and reduce the likelihood of complications. At Skin by Sarah we are passionate about delivering great results and committed to safety we are always happy to help with aftercare and advise the following:

- Avoid make up for 12 hours
- Avoid sun exposure-sunbeds
- Avoid touching the face
- Drink plenty of water
- Follow homecare advise given

How long will my results last?

The healthy glow following a facial should last typically 48-72 hours, as the skin is deeply hydrated, and circulation has been boosted allowing fresh blood to bring new nutrients to the cells. Best results are with regular facials and a good homecare skin routine.