

SKIN BY SARAH

Cryopen Treatments

How does it work?

Cryotherapy is a highly effective and safe procedure that is used to freeze and destroy benign skin lesions.

It uses liquefied nitrous oxide to destroy the tissue by freezing the cell fluid which in turn forms ice shards that rupture the cell membrane and destroy the cell and lesion.

How long are the Cryopen treatments?

The penetration rate of freezing with the cryopen is around 1 to 30 seconds. The duration of the treatment time will depend on the surface area and thickness of the tissue being treated.

Is the Treatment painful?

There will be a pain sensation similar to a ballpoint pen being pushed onto the skin when the nitrous oxide reaches the bottom of the lesion. There might be a little sting for a few minutes after the treatment. Occasionally a blister might form and persist for a few hours.

What can be treated by the Cryopen?

Warts, Moles, seborrheic keratosis, cherry angioma, skin tags.

Will there be a need for more than one session?

A follow up visit is recommended after 2 to 4 weeks to confirm that the tissue has disappeared or if a follow up treatment is needed.

Are there any side effects?

Cryopen is a relatively low risk. There are a few side effects that may occur as a result of treatment, including:-

- Pigment changes
- Nerve damage (particular on areas like fingers, wrists or behind the ears)
- Shards of frozen ice on healthy skin
- Hair follicle damage
- Discuss any concerns with your clinician.

How much will the treatment cost?

The cost of the treatment will depend on the size of the lesion and the number. Treatments for one session start from £50.

Cryopen is now available in Skin by Sarah to book a free consultation or to book a treatment, please call or email:

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