



Hydrafacial

What is a Hydrafacial?

Hydrafacial is a results driven, medical grade, facial that cleanses, exfoliates, extracts, hydrates and protects using hydra-dermabrasion vortex technology and a variety of boosters and serums. With this treatment, you get 6 facials in 1! From lymphatic drainage, exfoliation, peel, extraction, hydration and LED light therapy.

Hydrafacial is non-invasive with little to no downtime! You will leave our clinic with brighter, healthier, refreshed and more radiant skin.

We are a results driven clinic, this means we bespoke all our facials and treatments to fit YOUR skin concerns and needs.

How does it work?

The Hydrafacial treatment is not painful, you may feel a slight tingle once the peel has been applied however your therapist will always check in with you on how your skin is feeling throughout treatment to ensure maximum comfort. The hydrafacial is a machine led treatment as opposed to a hands on facial using disposable tips and professional solutions to help deliver your results!

When will I see results?

You will see immediate results in your skin, your skin will appear more radiant, glowing & smoother. Results will last up to 2 weeks with NO homecare, and up to 4 weeks with the correct homecare. Best results are seen with regular treatments and following a good homecare skin routine.

What aftercare should I follow?

It's really important to care for your aftercare following a treatment to ensure your results are as effective as possible and reduce the likelihood of complications. The treatment area is more susceptible to sunburn, sun damage and hyperpigmentation. Avoid direct sun exposure and use a minimum of SPF 40 sunscreen. Follow all aftercare given by your practitioner following your treatment.

At Skin by Sarah we are passionate about delivering great results and committed to safety. We are always happy to help with aftercare and advise the following:

- Aggressive exfoliation, waxing and products containing acids should be avoided in the treatment area for a minimum of two weeks pre-and post-treatment.
- Avoid the use of Retin-A type products pre-and post-treatment.
- Avoid sun exposure, or tanning beds for at least 72 hours post treatment
- Drink plenty of water

What to Expect Immediately After Treatment

Your skin may experience temporary irritation, tightness, or redness. These are all normal reactions that typically resolve within 72 hours depending on skin sensitivity. You may experience tingling and stinging during the treatment area. These sensations generally subside within three hours of treatment. Client experiences may vary.

Some people may experience a delayed onset of the previously mentioned symptoms. Contact us immediately if any unusual side effects occur or if symptoms worsen over time.

For improved, longer lasting results, consider take-home products and monthly HydraFacial treatments.

To book a free consultation, please call or email:

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