



# SKIN BY SARAH

## Polynucleotide

### What is polynucleotide?

Polynucleotides are a watery gel made up of short nucleotide sequences. Simply put, it contains codes similar to sections of your DNA.

### Where are they made?

They are synthetically aggregated in laboratories with the nucleotides extracted from marine DNA. This however has no relation to fish allergies and the treatment has so far proven to be hypoallergenic.

### How does this treatment work?

Their primary job is to activate the body's cells (mostly myofibroblasts) and therefore increase;

- collagen production
- hyaluronic acid
- elastin production
- deep fat deposition
- new vessel formation

This method encourages the generation of desirable organic end-products.

### Who can this help?

Patients with hollows, dark circles or poor skin quality can benefit from this treatment. For some this can work well in combination with hyaluronic acid fillers.

### How long does the treatment last?

Results typically last 6-9 months but this may vary in certain individuals.

### How long does it take to work?

There is initial swelling which should not be confused for results. Because this treatment stimulates your own body, results are typically seen 60 days after the initial treatment.

### Is there anything that complicates the treatment?

If you are diabetic or consume a lot of caffeine it can inhibit the impact of the treatment and so you may need more than the recommended 4 sessions.

### What are the downsides?

Polynucleotides avoid the major risks that are associated with fillers (overfilling and direct vascular occlusion). However, because it is a biostimulator (stimulates your cells) it means that results can vary more widely. For most, the natural, reduced-risk option is appealing but it does come with a commitment to a more extensive treatment protocol.

This usually means an initial 4 visits over a period of 8-16 weeks. This transitions to once every 6-9 months for maintenance.

Following each treatment, you can expect to be swollen for 3-5 days.

To book a free consultation, please call or email:

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